



# EMPhasiS

Strive to Succeed

**A Newsletter from  
East Manjimup Primary School,  
PMB 5, Manjimup 6258 ☎ 9771 9200**

**No 11 – 20 July 2018**

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[www.eastmanjimup.wa.edu.au](http://www.eastmanjimup.wa.edu.au)

Dear Parents and Community Members

## **Welcome to Term 3**

Welcome all to Term 3. We trust it is a positive one for all school community members.

## **P&C**

We have a wonderful P&C group at EMPS. It is proactive, effective and the members have a lot of fun together. However, a number of the members will leave the P&C at the end of the year due to their children moving onto secondary school. The group urgently needs more members. Please do consider being part of the P&C. The next meeting is **Thursday 26 July**, week 2.

## **Parents invited to special information session with Steve Heron**

Steve Heron, from Busselton, is an ex-school chaplain. He is a children's writer and is well known for his work on child development, bullying, resilience and emotional wellbeing. He is visiting our school on **Thursday 30 August** and will be working with the Year 4, 5 and 6 students. He will also be spending time with teaching staff after school on that day.

From 2.25 – 2.55pm Steve is also running a parent information session at the school. He is a very good presenter and has many practical and positive things to say about children, bullying, conflict resolution and resilience. All parents/carers are invited to hear Steve – I would encourage you to do so. I will send out more information as it comes in.

## **Extra chaplaincy time**

Our school was informed a few weeks ago that we will receive some extra chaplaincy funding. This is for one day a week for the remainder of the year. Mrs Brenda Percival (Rory's wife) will be working Fridays at our school as a chaplain. Brenda currently works as a chaplain at Manjimup PS and also Manjimup Education Support Centre.

## **Student Council**

Well done to Declan Pinelli (Rm 8), Mazlyn Membry (Rm 9), Emma Price (Rm 12) and Liam Adams (Rm 13) in being elected by their peers to be Semester Two councillors.

Thank you to Emma Brackenrig, Karsha Krispyn, Lilly Thomas and Delyth Phillips Johns for their work as councillors in Semester One.

## **Congratulations – Harvey Pianta**

During the holidays year 6 student Harvey was runner-up WA State under 11 Boys Squash champion. Great achievement, Harvey!

## **WA Education Awards**

We have nominated both Mrs Thomsett and Mrs Knowles for the Primary Teacher of the Year category. We wish them all the best in the process. Finalists are announced early August.

## **Banners in the Terrace**

Students and staff in Rooms 3 and 4 have spent much time and energy on designing and producing the Shire of Manjimup banner (for Local Government week). It looks fabulous (very colourful!). The banner will be displayed on Adelaide Tce (Perth), near the intersection of Victoria Avenue, from Sunday 22 July to Saturday 28 July.

## **EMPS Speaking Out Program**

Public speaking is a very important skill and one that needs practice and training. We are introducing a 'Speaking Out' program over this term. The Year 5/6 students have each chosen a topic they would like to speak on. Year 6s aim to speak for 3 minutes and Year 5s for 2 minutes. The students will work on their speeches over the next four weeks. In Week 5 and 6 the students will present their speeches to their peers. A judging panel of three adults will mark each speech against a set of criteria. Criteria include eye contact, enthusiasm, articulation and structure.

The three highest ranked Year 5s and highest ranked Year 6s will be in the final. This will be held during the school assembly on Friday 31 August. We hope to extend the program to younger year levels in the future.

## **Ripper Skippers**

Our school is going to trial a 'Ripper Skippers'-type program over Semester Two. Over the next few weeks, students from Year 4, 5 and 6 will have the opportunity to try out for the initial squad. Four Year 4s, four Year 5s and four Year 6s will be selected. They will be expected to attend training each week. Thank you to Mrs Cawley, Ms Frichot and Mrs Bamess for taking on this project.

## **Assemblies**

Well done and thank you to Room 3 for a wonderful assembly held on the final day of Term 2. I believe the staff and students of Room 3 have 're-set the bar' in the standard of assembly.

Room 5 will be hosting the first assembly of this term, next Friday, starting at 2.15pm.

Please note the second assembly of the term will now be held on Friday 17 August, hosted by Room 12.

### Beep Test

We had some great results in the fitness Beep Test in the last week of Term 2. It was pleasing to see many students improve on their previous best scores by large margins. Also, 6 school records were broken:

Yr 3 Girls: Kaylee O'Breza and Olivia Wallace each reached 7.1

Yr 3 Boys: Quinn Avins reached 8.2

Yr 4 Girls: Maddison Dunn achieved 6.3

Yr 4 Boys: Sayle Milne and Koby Brown each ran 9.1

Yr 6 Girls: Ashley Hughes beat her previous mark of 6.8 with a score of 8.1

Yr 6 Boys: Lachlan Fisher achieved a remarkable 10.1 (first EMPS student to reach level 10!)

These students will be presented with certificates at next week's assembly.

### Holidays

There has been much in the news lately about the increasing trend of families going on holidays during term time, and thereby students missing school time. A few important points:

- I understand that some families choose to take holidays during term time for some good reasons eg. it is the only time a parent/s can take a break from work; a parent is taking Long Service Leave; a special family event overseas or interstate; cost of travel and accommodation tends to be less during term time
- All things considered, the ideal is that students do not miss school time
- If you are looking at taking a holiday break during term time, please inform the school as soon as possible (well before actually going on the holiday)
- Due to the nature of teaching and modern classrooms, teachers can only provide limited school work for families to take with them on such holidays.

### Anxiety in children and teenagers

The most common mental struggle I see in primary students is anxiety. The level of anxiety of course differs amongst children, and what students are anxious about differs. I received a terrific article from Parenting Ideas called *Four reasons why your child or teen may be anxious*. In the previous newsletter I shared the second reason – *Your child is overloaded*. Here is the third one:

#### 3. Your child doesn't play enough

*Play is the release valve for the pressures of high performance, serious life. It's the way kids have always relaxed and let off steam. The best type of play for relaxing and letting off steam is generally physical play that takes place outside. Your child may play a great deal on a digital device, but this*

*sometimes stimulates the brain rather than rejuvenating it. Organised sport does not fit the play category if it adds to their anxiety rather than releasing it. Kids need to be involved in play that is fun, rejuvenating and enjoyable. They need to look forward to it rather than fear it.*

Regards

Michael Smith  
PRINCIPAL

IMPORTANT DATES	
Thurs 26 July	P&C Meeting (7.30pm)
Fri 27 July	Assembly Rm 5 (2.15pm)
Fri 3 Aug	Incursion – Gina Williams (Aboriginal Music)
Fri 10 Aug	Interschool Cross Country Perth
Fri 17 Aug	Assembly Rm 12 (2.15pm) <i>(Please note a change in date)</i>
Mon-Thur 20-23 Aug	BOOKWEEK
Thurs 23 Aug	9am Bookweek Parade Open Classrooms Incursion Toshi & Noriko – Wa-sa-bi
Fri 24 Aug	SCHOOL DEVELOPMENT DAY No students attend this day
Thurs 30 Aug	Steve Heron Session Yr 4-6 also Parent session.
Fri 31 Aug	Assembly Rm 4 (2.15pm)
Thurs 6 Sept	P&C Meeting (7.30pm)
Fri 7 Sept	Asian Assembly (1.30pm)
Mon-Fri 10-20 Sept	Swimming (9 days only) (Rm 6-13) <i>(Approximately \$50)</i>
Fri 21 Sept	Last day for Term 3

FACTION VALUES SHIELD		
GREEN	Sayle Milne / Kaylee O'Breza	831
GOLD	Layla Thompson / Kellan Pinelli	872
BLUE	Chad Hercock / Georgia Keegan	954
RED	Taneisha Perrella / Acadius Lawrence	706

ATTENDANCE AWARD		
WEEK	CLASS	PERCENTAGE
8	Room 6	100%
9	Room 3	96.67%



## STARS OF WEEK 9 RESPONSIBILITY

**CEJAY BROWN** for his responsible attitude to his school work and learning. You have a mature work ethic Cejay!

**REKO RADOMILJAC** you have always been responsible and have taken care of your own needs. But learning so quickly to use acrobat was IMPRESSIVE!

**JARED TOWLER** you have taken on the responsibility of feeding the chickens. You do your job with great enthusiasm!

**KIYANA-LEE INDICH** for managing the in class job roster and keeping tabs on those that have jobs.

**KELLAN PINELLI** for his focus and determination in learning our Months of the Year song and our percussion beats.

**LILLY PODZUIKA** Lilly is a responsible, hard-working member of our class. Terrific efforts, Lilly.

**EMILY CHAMBERLAIN** we love the way you have settled into our class. You have such a caring, happy and responsible nature.

**MARGARET UGLE** Margaret stands out in class because she has her books ready for Maths and English every lesson, and does not allow herself to be drawn into chats at inappropriate times. You are a role model for learning.

## VacSwim 2018

With swimming pools and beaches a big part of the Western Australian lifestyle, ensuring your children can swim competently and safely is essential.

You can now enrol your children in VacSwim swimming lessons during the October and December/January school holidays.

VacSwim is for all children - from beginners to more advanced swimmers and young people doing their Bronze Medallion. Your children can start as young as five years old.

Your children can join in the fun of learning to swim at pools and open water venues across the State.

Enrol your children in VacSwim now at [education.wa.edu.au/swimming](http://education.wa.edu.au/swimming)

## MERIT CERTIFICATES

**Sophie Connor** You put energy and effort into making connections with everybody in our class. With kind words and actions, you celebrate the uniqueness of others.

**Jensen Harris** for your ability to find the learning in any given situation. You will go far Jensen!

**Taneisha Perrella** for your mature approach towards all areas of your schooling. You are a role model for others. Keep it up!

**Delta Jeffery** for her positive attitude, consistent efforts and terrific achievements.

**Taylah Beedeison** for making choices that help produce happier learning and some great work!

**Emilia Prosser** for your positive and enthusiastic approach in class and wonderful attitude to learning. Well done!

**Koby Brown** Koby listens carefully and takes all constructive criticism well. He attempts to act upon it to improve his work. Great attitude Koby.

**Kaine Griffiths** for showing a genuine desire to achieve his best in Maths, English and Science.

**Jed Edwards** for a consistent application to learning and aiming for excellence in presentation.

## BALINGUP MEDIEVAL CARNIVALE



The Carnivale is a great family-friendly event and free for children under 16 accompanied by an adult. It brings together history, drama, imagination, animals, action and lots of food and fun. This year Kirup Primary School is hosting a hands-on arts activities tent for children. There will also be reptiles to handle and raptors in flight, archers on horseback, camels and carriage rides. Two daily highlights are the lunchtime parade and the Saturday evening burning of the dragon preceded by the fire performers. With over 120 stalls and non-stop entertainment on two stages, this year's Carnivale is going to be a great event.

For more information contact  
Carolyn Austin (media and promotion)  
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T3	Monday	Tuesday	Wednesday	Thursday	Friday
1	16 July	17	18	19	20 Newsletter
2	23 July	24	25	26 P&C Meeting	27 National Tree Day in Schools  Assembly Rm 5 (2.15pm)
3	30 PEAC testing (Yr 4) this week	31 July	1 August	2	3 Newsletter  Incursion - Gina Williams (Aboriginal music)
4	6	7	8	9	10 Interschool Cross Country Perth
5	13	14	15	16 Spellademic	17 Assembly Rm 12 (2.15pm)  Newsletter
6	20 August Bookweek	21 Bookweek	22 Bookweek	23 9am Bookweek Parade Open Calsses  Incursion 1:45pm Toshi & Noriko – Wa- sa-bi	24 School Development Day
7	27	28	29	30	31 Assembly Rm 4 (2.15pm)  Newsletter
8	3 September	4	5	6 P&C Meeting	7 Asian Assembly (1.30pm)
9	10 September <b>Swimming</b> <b>Rm 6-13</b> <i>(Approximately \$50)</i>	11	12	13	14 Newsletter
10	17 September	18	19	20	21 <b>No Swimming lessons</b> <b>(Kearnan Swimming Carnival)</b>  <b>Students last day</b>