



EMPhasiS

Strive to Succeed

A Newsletter from
East Manjimup Primary School,
PMB 5, Manjimup 6258 ☎ 9771 9200

No 12 – 3 August 2018

Michael.Smith2@education.wa.edu.au
www.eastmanjimup.wa.edu.au

Dear Parents and Community Members

School Census

Today is the semester two school census day. Various information about the school is collected and reported to central office. Such data includes the number of students enrolled; how many kindergarten students we have and the amount of time they spend at school, and the collection of data about students with disability. The information collected assists in financial and resource planning for 2019.

Nationally Consistent Collection of Data for School Students with Disability

Our school is part of a national project about students with disability and/or learning difficulties.

We have been asked to provide data about the number and learning needs of children at our school. The name of the school and the name of the students will not be reported. Information about the different types of needs and the programs and resources the school uses to overcome barriers and support children with special educational needs will be collected.

We believe it is important to contribute to this because it will help Governments and the Department develop better policies that acknowledge the level of resources needed in schools to meet the needs of all students in Western Australia.

If you would like to learn more about the Nationally Consistent Collection of Data for School Students with Disability you can visit this website:

<http://det.wa.edu.au/supportforschools>

Creek Play

It has been so pleasing to see many of our students enjoy the opportunity to explore and play in the school creek area. Watching the children find fish and various crustaceans, and build dams, and explore the area has been most positive. Yesterday Room 6 had a great time at the far end of the creek. With the heavy rains we have had over this week there was plenty of water to play in. A reminder that when it is your child's opportunity to play at the creek they will need three things:

1. Spare clothes (I suggest old play clothes as the creek is very muddy)
2. Spare shoes or boots
3. Towel.

Reminder – parents of year 4/5/6 students

Recently a note went to families of year 4/5/6 students informing of a visit by children's writer Steve Heron. Steve is an ex-school chaplain. He is a children's writer and is well known for his work on child development, bullying, resilience and emotional wellbeing. If you have not done so already could you please pay the \$3.00 per student to the front office as soon as possible. He will also be spending time with teaching staff after school on that day.

Parents invited to special information session with Steve Heron from 2.25 – 2.55pm

He is a very good presenter and has many practical and positive things to say about children, bullying, conflict resolution and resilience. All parents/carers are invited to hear Steve – I would encourage you to do so. I will send out more information as it comes in.

NAIDOC

Today our school is celebrating NAIDOC – a focus on the indigenous people of Australia. Gina Williams is a Noongar woman, and is widely known for her musical talent. She is visiting today to spend time with our students. She will be teaching the students the Noongar welcome song 'Wanjoo' and also sharing other songs and items of interest.

Ripper Skippers

Well done to the many year 4/5/6 students who tried out for the initial Ripper Skipper squad last week. The initial members of the squad are listed in another article in this newsletter. Congratulations to them.

Book Week / Wa-Sa-Bi

Book Week is in week six of the term. The theme for Book Week this year is *Find Your Treasure*. We are looking at having a very busy day on the Thursday (23 August). Parents/families are invited to share in the activities between the start of school and recess. Students have the opportunity to dress up (in theme of *Find Your Treasure* or as a book character) and the parade will be held first thing on the Thursday. This will be followed by a treasure hunt. Students then have the opportunity to share their school work with parents/families throughout the classes. Between recess and lunch students have the opportunity to select a book (treasure!) from the collection of books brought in by students/families. After lunch there will be an incursion – performance of Japanese music, called *Wa-Sa-Bi*.

Cross Country Event – Perth

Over the past three weeks some students have been practising three days a week (on a variety of courses) for the state interschool cross country running event in Perth. This will be held Friday of next week. All the best to our representatives:

Maddie Dunn, Kaylee O’Breza, Delyth Phillips Johns, Koby Brown, Cejay Brown, Declan Pinelli, Owen Avins, Quinn Avins, Jett Martyn, Mason Goodridge, Lachlan Fisher.

FPC Grant: Bicycles

We have ordered some bicycles for the school and hopefully they will be arriving soon.

Spellademic

The annual interschool Spellademic competition will be held on **Thursday 16 August**. It will be held at the Warren Valley Community Church. Our representatives – chosen for their very good spelling knowledge and results – are: Mazlyn, Gwennie, Mia, Jessica, Seth, Marco, Ashlee, Lilly, Margaret, Cameron, Dexi and Delyth. All the best to our competitors.

School Uniform

I encourage all families to do all they can to ensure children are in full school uniform as often as possible. We also have recycled jumpers available from the front office.

Assemblies

Well done Room 5 for hosting last week’s assembly. The re-telling of the fairytale *The Three Little Pigs* (from the point of view of the wolf!) was very entertaining.

The next assembly of the term will be held on **Friday 17 August**, hosted by Room 12.

Anxiety in children and teenagers

The most common mental struggle I see in primary students is anxiety. The level of anxiety of course differs amongst children, and what students are anxious about differs. I received a terrific article from Parenting Ideas called *Four reasons why your child or teen may be anxious*. In the previous newsletter I shared the third reason – *Your child doesn’t play enough*. Here is the fourth one:

4. Your child focuses too much on the future

Some children are born to worry. They fret about seemingly simple activities such as starting a new school term, going to a birthday party or who’s picking them up from school at the end of the day. Worries are future oriented, anxious about things that haven’t happened yet. These type-A anxious types don’t know how to stay in the present. Their minds constantly wander ahead to what may happen. They benefit from learning relaxation techniques such as mindfulness and deep breathing that anchor them to the present. Temporarily releasing them from their worries and anxieties. When kids learn these techniques from a young age or even during adolescence they are likely to become hard-wired for life.

Regards Michael Smith

PRINCIPAL

IMPORTANT DATES

Fri 10 Aug	Interschool Cross Country Perth
Fri 17 Aug	Assembly Rm 12 (2.15pm) <i>(Please note a change in date)</i>
Mon-Thur 20-23 Aug	BOOKWEEK
Thurs 23 Aug	9am Bookweek Parade Open Classrooms Incursion Toshi & Noriko – Wa-sa-bi
Fri 24 Aug	SCHOOL DEVELOPMENT DAY No students attend this day
Thurs 30 Aug	Steve Heron Session Yr 4-6 also Parent session.
Fri 31 Aug	Assembly Rm 4 (2.15pm)
Thurs 6 Sept	P&C Meeting (7.30pm)
Fri 7 Sept	Asian Assembly (1.30pm)
Mon-Thur 10-20Sept	Swimming (9 days only) (Rm 6-13) (\$41.30)
Fri 21 Sept	Last day for Term 3



2018 Inaugural EMPS

Ripper Skippers Team Announced

Congratulations to team members Latiya, Stephanie, Katie, Karsha, Bronte, Emma, Margaret, Natalie, Lachlan, Cayden, Ashlee and Kiyana on making the team. We can’t wait to see your first performance! A huge thank you to all of the students who tried out for the team. Mrs Cawley, Ms Frichot and Mrs Bamess were very impressed with all students and how their skills have improved over the last few weeks.

Keep skipping!



FACTION VALUES SHIELD

GREEN	Millie Freeth / Sage Hawthorne	895
GOLD	Ken Beggs / Kellan Pinelli	938
BLUE	Frankie McCurdy / Matilda Scott	1023
RED	Dontrell Lawrence / Shyla Fagan	756



STARS OF WEEK 2

UNDERSTANDING, TOLERANCE AND INCLUSION

ELVIS MCCURDY for always being friendly towards others and willing to offer a helping hand.

FAITH KANNY - COULTER you are making a fantastic effort to help others in the classroom. You are a great friend.

MASON FORD you are a happy, friendly classmate who willingly shares your time with others. **TOP EFFORT!**

LACHLAN FISHER when a classmate began to annoy you during lesson time, you chose to quietly and politely ask him to stop. Then you ignored the behaviour rather than disturbing the class by arguing about it. It is wonderful to see you showing tolerance and thinking of those around you.

JOSH CROSBY who is a friendly soul, always good-humoured towards others and ready for fun!

GEORGIE PURSE for joining with Ashlee to meet Megan and walk to school with her. How thoughtful and generous. You have made Megan smile!

LILY CARLEY you are a Super Star! You involve others, are always happy to join in and there is always a smile on your face.

AHLEEA TOIGO for being a caring class member who makes a big effort to include everyone in classroom activities.

MATHEW CROTTY Mathew demonstrated the values of understanding, tolerance and inclusion with his mature and responsible caring for a new student to our school.



STARS OF WEEK 3

INTEGRITY

STEPHANIE LARSEN for being a reliable, trust worthy and helpful class member.

JESSICA LEONI-ARNOTT great honesty in telling me someone had already recorded the answers in the PEAC test book.

SHYLA FAGAN you are a sensible class member who makes mature choices. You are a role model to others.

SAGE HAWTHORNE you can always be counted on to do the right thing. You are an asset to Room 4!

MONTANA HORT you made a promise to help a peer with her narrative the following lunch time. Even though the sun was shining and all your friends were playing outside you kept your word. Awesome!

TORI DAVIES who is most certainly a young person with the courage of her convictions. You are a breath of fresh air, Tori!

REEGAN CAMPBELL for honouring her word to a friend and making time for her.

JAKE HALL for choosing to do the right thing and not get distracted by others. Great focus, Jake.

ESTHER BATRICK you are a loyal and kind friend. You also treat people equally and take responsibility for your actions – **YOU'RE A STAR!**

TAYTE OLIVER for his honesty in taking only one block for each lap of the court. Thanks for leading by example.

DONATIONS

I would like to ask the school community for donations of the following items:

- Bees wax
- Cotton cloth

I will be exploring purposes for these materials in chemical science and variables which influence changes to them. In addition to this I would like to involve the students in preparing some re-usable wax sandwich cloths, which can then be sold at the Gala day in fourth term. Please hand into the front office.

Many thanks
Kath Swallow

ATTENDANCE AWARD

WEEK	CLASS	PERCENTAGE
2	Room 4	96.36%
3	Room 7	96 %

VacSwim 2018

With swimming pools and beaches a big part of the Western Australian lifestyle, ensuring your children can swim competently and safely is essential.

You can now enrol your children in VacSwim swimming lessons during the October and December/January school holidays.

VacSwim is for all children - from beginners to more advanced swimmers and young people doing their Bronze Medallion. Your children can start as young as five years old.

Your children can join in the fun of learning to swim at pools and open water venues across the State.

Enrol your children in VacSwim now at education.wa.edu.au/swimming

MERIT CERTIFICATES

Millie Freeth for your hard work and dedication to improving your skills in Literacy. What an amazing effort!

Amelia Kirk you apply yourself 100% to everything you do. Your attitude to learning is impressive!

Harlee Franklin for your improved confidence in the classroom. It is great to see you coming 'out of your shell'!

Lilly Podziuka for being a responsible, hard-working student with a great attitude towards learning.

Charlotte Price for her huge effort in improving the neatness and legibility of her written work.

Kaylee O'Breza for your positive and enthusiastic approach to school and your wonderful attitude to learning. You are a star!

Katie Crosby for always working quietly and diligently. Great work Katie.

Rosemarie Harfouche for her unshakable determination to achieve her best in all subjects; particularly Maths and English. Sensational effort!!

Delyth Phillips Johns for a determination to excel in Maths with great success.

ndis



Community Information Session

Venue: Community Resource Centre
Date: Tuesday August 7
Time: 9:30am – 11:00am
Address: 45 Rose Street, Manjimup
RSVP: <https://www.eventbrite.com.au/e/community-information-session-manjimup-tickets-48228370354>

Do you have a disability that impacts your day-to-day life and activities? Or maybe you know someone who does?

The National Disability Insurance Scheme (NDIS) is continuing to rollout in Western Australia. From 1 July the NDIS will be available in the lower South West areas.

We invite you to come along and find out more about the NDIS. We would welcome people with disability, families, carers, providers, businesses, government and non-government organisations.

The format will be a half hour presentation followed by a half hour Q & A session

Please advise of any accessibility requirements such as the need for interpreters.

For more information email: EngagementWA@ndis.gov.au or phone 9235 7383.

ndis



Provider Information Session

Venue: Wellness Centre
Date: Tuesday August 7
Time: 9:30am – 11:00am
Address: 1A Edward Street, Manjimup
RSVP: <https://www.eventbrite.com.au/e/provider-information-session-manjimup-tickets-48189817040>

Potential and existing providers are welcome to come along to learn more about working with the National Disability Insurance Agency including:

- Introduction to the NDIS
- Information on the scheduled roll out of NDIS in WA
- How to register to provide supports under the NDIS
- Working with NDIS Participants

Please advise of any accessibility requirements such as the need for interpreters to EngagementWA@ndis.gov.au seven days prior to the event so we may accommodate you.