EMPhasiS

Strive to Succeed

A Newsletter from
East Manjimup Primary School,
PMB 5, Manjimup 6258☎ **9771 9200**

No 08 – 19 June 2020
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Dear Parents and Community Members

The following information was sent to our school and I wanted to include it in our newsletter as I believe what it is stating is of vital importance:

You may have been drinking more during isolation but YOU HAVEN'T BEEN DRINKING ALONE

Nearly two months into COVID-19 induced isolation, data from the Alcohol and Drug Foundation suggests Australian parents have been consuming more alcohol, more frequently. Since lockdown began, more than one in four (29%) parents have increased their alcohol intake, with almost one in six saying they've been drinking every day. The past couple of months have been really stressful for parents. Many have been using alcohol as a coping mechanism.

As we start to move towards a 'new normal', the Alcohol and Drug Foundation is encouraging parents to be mindful of their drinking during isolation and the role it can play in shaping their children's attitudes and behaviours towards alcohol.

There is a compelling body of evidence highlighting how parental behaviours and attitudes towards alcohol play one of the strongest roles in influencing children's future behaviour towards alcohol. It's really important our children do not view alcohol as a coping mechanism for feelings of stress, anxiety or boredom.

The good news is, just as adults can easily form and pass on unhealthy behaviours to children, they can just as easily do the opposite. As the restrictions of coronavirus begin to ease, parents can quickly re-establish themselves as positive role models.

To find out how your drinking may be affecting your kids, visit: adf.org.au/drinking-isolation/

COVID-19:
Thank you to all school families for your continued practical support through the transition to Phase 3. The dropping off and collecting of children each day is going well.

Monday and Tuesday of next week sees our first lot of COVID-19 testing (as part of the DETECT program). All of the students whose parents opted them in, and staff who opted in, will be tested as our total amount of respondents is 147 and the testing program allows up to 150. Parents who did opt-in their child/ren will receive a letter from the school today informing them about the testing.

Student Reports
We are aiming for reports to go to parents on the final Wednesday of term, 1 July. When you do receive your child's report, if you have any queries about anything that is in it, please do contact the school as soon as possible. A letter from the school will be enclosed with each report with an explanation of changes due to COVID-19.

EMPS 50th Anniversary
Next year is the 50th anniversary of our school. Yesterday the organising committee met for the first time and has importantly determined the date of the celebrations. We have set **Saturday 13 March 2021** (end of Week 6, Term 1) for the 50th Anniversary Celebrations. We are looking at the P&C holding its biennial Gala Day on this date, with the focus of the Gala Day being 50th celebrations. The next P&C Gala Day was actually due Term 4 this year, but due to COVID-19 impacts on school events and how these will affect Semester 2, and also to coincide with the 50th, the P&C and school have agreed to move the Gala Day to early 2021. We are also looking at holding an official dinner and celebrations on the evening of the 13 March. More information will be provided over the coming months. If you would like to assist in organising the celebrations please contact the school. We are also seeking memorabilia for a major 50th display.

3D Printer
Our technical officer, Mr Gavin Fialkowski, has been successful in applying for a National Science Week WA Grant. This grant will be used to purchase a 3D printer, associated parts and printing filament. It will also be used to provide some community workshops so that members of the community can learn about 3D printers and what they can do. Obviously students will learn about and use the 3D printer over

time. Well done to Mr Fialkowski in instigating this project. More details to follow.

Dental Van
The Dental Van is returning to EMPS. During the July school holidays, it will be 'settling in', ready for dental work with children in Term 3. More details to follow.

Cleaner-in-Charge Pool
Please note applications for the Pool close on Monday of next week.

Responses to Anxiety
This is obviously a time when anxiety levels are heightened, both in students and adults. Mrs Hide found a list of terrific responses to anxiety. Over a number of newsletters, I want to share these with you.

21. 'Worrying is helpful, sometimes'
22. 'What does your thought bubble say?' (think of thought bubbles in comics)
23. 'Let's find some evidence'
24. 'Let's have a debate'

Regards
Michael Smith
PRINCIPAL

Information that has gone home in the past fortnight:

Room 11 - Power Up Museum & Heritage Park Excursion Note

STARS OF WEEK 7
FAIR GO

ALARNA WATSON SARGENT for putting in a big effort when sharing and taking turns with your friends. Keep trying hard Alarna!
TYSON TAYLOR for being a cooperative and encouraging team player PLUS a wonderful friend who puts out a chair and pencil case for his desk buddy in the morning.
KAYLEE O'BREZA for being the best "cheer squad" and positive encourager in Room 11! Kaylee, you are a wonderful role model to others, you rock!
BURHAN ASHRAF for being courteous and listening attentively during news sessions. It is pleasing to see you celebrate your peers' success.
TYLER MITCHELL for demonstrating kindness to your classmates. The way you look out for others and ensure they are being included and treated fairly is a beautiful quality! Keep it up!
IMANI GILES for taking an interest in others and making sure they are OK. We all appreciate your concern.
HARPER FAGAN for the beautiful way that you are with everyone. You are so kind, caring and nice to everyone.
HEATH PAPE for being a great reading buddy for another student and helping him to sound out words. Awesome to see!
LILLY PODZIUKA for working kindly and co-operatively with others. Lilly, your mature attitude gives everyone a chance to shine!
GWENNIE SEWELL for always supporting others in a range of activities: such as classwork, recycling, clubs and cross-country. You're an exceptional gem!

IMPORTANT DATES

Fri 3 July	**End of Term 2**
Tue 21 July	**Start of Term 3**
	2021 Kindy Enrolments due

FACTION VALUES SHIELD		
28s	Eli Dlugi Addy Radburn	**1045**
Blueys	Erin Green Alex Marocchi	**767**
Red Tails	Joel Leech Edie Pedlar	**1020**

ACHIEVEMENT CERTIFICATES

Lincon Adam *for your impressive focus and dedication to producing your "best work" during Writing. You should be incredibly proud of yourself Linc. Well done!*
Harry Freeth *for your insightful comments and informed contributions you give during class discussions.*
Evie Nicolaou *for the effort that you put into your learning. You are impressing us with your reading and recollection of Camera Words.*
Jordyn Brown *for being completely fabulous in every way. Jordyn is a ripper writer, a marvellous mathematician and a fantastic friend. Keep it up Jordyn!*
Layne Muraru *for her focused efforts and terrific results. It is pleasing to see you working so well.*
Delta Jeffery *for achieving a remarkable standard in her artwork. Delta, you take extraordinary care and produce totally lovely art.*
Annabel Sewell *for your focused and positive approach to learning. Well done Annabel! You must be very proud of all that you have achieved.*
Lucy Vitali *for the outstanding effort she is making in Maths and Literacy. Lucy, your results keep improving because of your hard work, keep it up!*
Katie Crosby *for her consistently excellent work ethic. Every day you strive to do your best. This has resulted in great results for maths and significant improvement in weekly spelling results.*
Dylan Cook *for his focused efforts during Maths sessions and improving results. Congratulations, Dylan.*
Layla Horlock *for sharing your gentle, happy ways with those around you and for always remaining on task. Good girl Layla.*
Mason Towerton *for your creativity and enthusiasm during our dance and music sessions.*

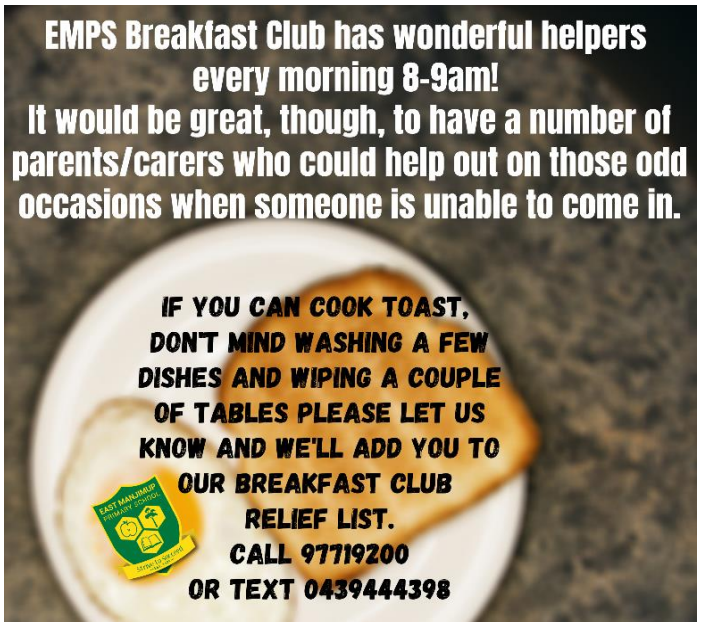
CLEAN Environment	
WEEK	**CLASS**
7	Room 13 & 3
8	Room 5 & 6 & 11

ATTENDANCE AWARD		
WEEK	**CLASS**	**PERCENTAGE**
7	Room 11	93.04%
8	Room 4	99.09%

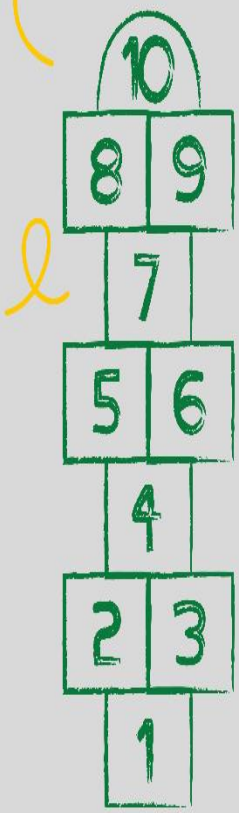
STARS OF WEEK 8
HONESTY & TRUSTWORTHINESS

JOSHUA THOMPSON for owning up to something even though you knew it meant putting your peg down. Thank you for choosing to do the right thing Josh, well done!
OLIVIA WALLACE for keeping promises to meet a peer who is slower to eat her lunch.
ALEX MAROCCHI you can always be trusted to do jobs around the classroom. What an awesome helper you are!
SETH STOREY for being recognised by Room 13 students as someone they can trust. We also notice that you will always do your work even when there is no teacher around.
AMELIA MITCHELL for always acting with integrity. You are a reliable student who can be trusted to tell the truth even if it is not in your favour.
SPENCER VIVIAN for your wonderful approach to everything. You can be trusted. You always try your best and you are always true to yourself.
TEALE CUTTS for being a valued friend and classmate. You treat people with care and respect; are honest and definitely a Year 3 STAR!
MADISON HORLOCK for being a reliable and trustworthy member of our class. Madi, we appreciate your mature outlook and your positive attitude to learning.
AVA CRAIG for being a wonderful role model of a trustworthy student. We can always rely on you to be honest and responsible.
TAYA HETHERINGTON for being a wonderful class member who treats everyone with respect and care. You are a reliable student who always tries to do your best!

IF YOUR CHILD HAS RECEIVED
A STAR OF THE WEEK AWARD OR
A CERTIFICATE OF ACHIEVEMENT
THIS TERM
AT ONE OF OUR NON-ASSEMBLIES
AND YOU WOULD LIKE
A DIGITAL COPY
OF THEIR INDIVIDUAL PHOTO
SENT TO YOU,
PLEASE TEXT YOUR CHILD'S NAME TO
0439444398.



2021 EMPS
Kindy enrolments
are now available!



Collect a package from our Front Office or call 97719200 for further information. Enrolments close 24 July 2020.

HOCKEY REGISTRATIONS

are all online.

Please click on the following link and you will need to select REGISTER (NOT RENEW)

https://www.revolutionise.com.au/warrenwomenshoc/

Fees are	Years 1 & 2 (Minkey)	$10
	Aged Under 9	$20
	Aged 9-12	$51.50
	Aged 9-12 with Kidsport	$31.50
	Stick Hire	$5

For those who are registering with Kidsport, you will need your voucher number.

Thanks
Narelle Bosley

accordwest

Grand – Carers

A new Manjimup support group for Grandparents who care for their grandchildren

To register your interest contact
Michelle 0428 609 394
Robyn 0408 952 854
email: patrobbro85@gmail